



Child, Adolescent and Family
Consultations
Eric Ferrand & coll.
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Contact

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Consultations by appointment only.

Services are fully covered by basic medical insurance (LAMal)

Address

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In the Eaux-Vives area of Geneva

Tram number 12, Tram Stop – Villereuse

Car Park - Eaux Vives 2000 Shopping Centre or Villereuse Municipal Car Park



Child, Adolescent and Family Consultations

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Global assessments

Specialised and individualised treatment

Educational and parental support

A multidisciplinary team

Cognitive Behavioural and Systemic Therapy

I'm scared
Things aren't good at school : bad grades, problems with friends, bullying
I always feel anxious about something
I'm always getting told off
My child's never does as he's told
I'm having nightmares
My child's school results are a disaster
I'm tired, I can't take it any more

I'm scared
My child's school results are a disaster
My child is constantly having tantrums
I'm having nightmares

A medico-psychological counselling service specifically for children, adolescents and families.

Why consult ?

- Difficulties at school
- Relationship difficulties within the family or at school
- Behavioural difficulties
- Emotional difficulties
- Low self-esteem, lack of self-confidence, lack of assertiveness

Specific difficulties

- Attention deficit (with or without hyperactivity)
- Giftedness
- Behavioural difficulties
- Learning difficulties
- Emotional difficulties : anxiety, depression
- Eating disorders (anorexia, bulimia, obesity)
- Substance abuse: video games, alcohol, cannabis, tobacco, etc...

A multidisciplinary team comprising

- | | | |
|-----------------------|-----------------|-----------|
| • Psychiatrists | • Psychologists | • Tutors |
| • Child psychiatrists | • Nutritionists | • Coaches |
| • Neuropsychologists | | |

I'm having nightmares
Things aren't good at school : bad grades, problems with friends, bullying
I'm tired, I can't take it any more

A Cognitive Behavioural and Systemic Approach

Global assessments

- Full clinical evaluations
- Medical and psychological assessments
- Neuropsychological assessments
- Nutritional assessments

A personalised treatment

- A medical and psychological follow-up adapted to the needs of each child and family
- Individual or group therapy
- Nutritional guidance
- Family therapy
- Parental support
- Educational support
- Direct contact with schools
- Coaching sessions
- Intervention at home

Group Therapy and Workshops

- **Group Self-esteem, self confidence and assertiveness training** – How to communicate well and to develop your respect for others and yourself
- **Triple P** – Positive Parenting Practice, parenting support for Mums and Dads
- **Keep School !** – How to learn more efficiently and manage stress at school